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The Dance Department at City College of San Francisco

"Dance is the Hidden Language of the Soul."

~Martha Graham

Inside Left

From Hip-Hop to Jazz. From Ballet to Folk Dance. Experience the joy of movement through fancy footwork at City College of San Francisco.

Learn to move your body in new ways. Meet new dance partners. Get the benefits of aerobic weight-loss. Improve strength and agility. Experience new cultures through a variety of dance forms. And lose yourself in a spiritual awakening. Whether you're studying for theory or for pleasure, the dance floor beckons!

But I've Got Two Left Feet...

How often have we said that in our lifetimes? Many of us feel uncoordinated when it comes to dancing in public. But it doesn't have to be that way. With a little practice, and through lots of fun exercises, anyone can learn to dance with more confidence. We offer a safe and non-judgmental environment, where you can start at the beginning and take small steps toward your goal. Within weeks, you'll be feeling footloose and fancyfree!

Unique Course Offerings...

- Composition for the beginner (learn to compose your own dances)
- Afro-Haitian Tap Dance
- Latin-American Social Folk Dance (emphasizing Salsa)
- Beginning Pointe Technique
- Dance Aerobics
- Production or Repertory Classes (perform in student concerts!)

By Popular Demand...

- Hip-Hop Dance
- Ballroom Dance
- Swing Dance Forms
- Dance History – Western Culture

- Modern Dance
- Beginning Tap
- Folk, Ballroom, and Square Dancing Activities Analysis
- Beginning, Intermediate, and Advanced Ballet
- Jazz Dance
- and Lots More!

The Dance Floor - Your Blank Canvas

Our mission is to introduce the general public to the beauty and wonder of dance. Our students come from all walks of life and have many different goals. For some, our courses are simply an introduction to an artform. For others, dance will be the beginning of a lifelong career.

Offerings Include:

- A Certificate Program
- An AA Degree

Or, you can participate in a core program of intermediate and advanced classes which will give you what you need to go on to a four-year program at a State university.

NOTE: Almost all of our dance classes are transferable to UC and CSU colleges

Inside Right

A Little Bit of Lecture, A Lot of Movement

Dance is about being in motion. And while we value "desk time" (after all, we do want to teach you the history and theory of various dance forms!), the goal in most of our classes is to get you out on the floor as often as possible. So bring a notepad and pen, but don't plan on using them too often!

Small Class Sizes, When (and Where) You Want Them

Smaller class sizes mean more one-on-one time between instructor and student and lots of feedback on your progress.

Dance classes are offered at the following City College of San Francisco campuses on weekends and in the evenings, as well as on weekdays:

- Ocean Avenue
- John Adams
- SouthEast

Credential, Experienced Faculty

Courses in CCSF's Dance Department are taught by tenured faculty and part-time instructors. Their backgrounds are diverse and their field experience is vast. We have instructors who have danced professionally for the companies such as the Oakland ballet; who have performing in solo

modern dance performances internationally; who have operated their own private dance companies; and who have had extensive training in dance and theater.

Live, Breathe, & Most Importantly, DANCE!

Maybe you always loved ballet but your parents encouraged you to study the flute instead. Maybe you've watched other people ballroom dance and thought "I'd sure love to do that!" Now it's YOUR TURN...

Come Dance With Us.

City College of San Francisco Dance Department

Phone #

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About City College

City College of San Francisco is one of the largest community colleges in the United States. Its size means that you, as a student, have many fields of study available to you, and courses are offered in-depth. The City College main campus at Phelan & Ocean Avenues, along with eight neighborhood campuses, are part of more than 100 community instructional sites located around San Francisco.

Low Cost / Easy Registration

Compare us with other dance courses – we don't think you'll find a better deal! Just \$11 per credit for California residents, including those with BA+ degrees. Obtain a course schedule & application from Admissions and Records. Complete the application and send it in to City College of San Francisco, or simply bring it to the first class meeting!
(INSERT COLLEGE MAP, CCSF LOGO, and OTHER DESIGN ELEMENTS)